

JAM Summer Breakfast & Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

JUN

MENU 2023

GEAR UP FOR PUSH-UP CHALLENGE



ANNOUNCEMENTS:

1% White Milk & FF
Chocolate Milk offered
with each meal.

Water offered at no
charge at each meal.

Meals subject to change
based on availability.

1ST

Summer Break

2ND

5TH Cinnamon Toast
Crunch Cereal
Mixed Fruit Cup
Fresh Orange

Cheeseburger
Fresh Sandwich Trimmings,
Refried Beans, Tater Tots
Strawberry Cup
Fresh Apple

12TH Chocolate Pop Tart
Apple Juice
Fresh Orange

Tangerine Chicken w/ Fried Rice &
Egg Roll
Fresh Cucumber Slices
Green Beans
Fresh Apple
Strawberry Cup

19TH

**JUNETEENTH
HOLIDAY**

26TH Chocolate Pop Tart
Apple Juice
Fresh Orange

General Tso's w/Fried Rice &
Egg Roll
Fresh Cucumber Slices
Green Beans
Strawberry Cup, Fresh Apple

6TH Sausage & Egg Biscuit
Orange Juice
Fresh Apple
Grape Jelly

Pepperoni Pizza
Green Beans
Marinara Sauce
Pear Cup
Fresh Orange

13TH Sausage, Egg,
& Cheese Croissant
Mixed Fruit Cup
Fresh Apple, Grape Jelly

Chicken Bites w/ Roll
Charro Beans
Fresh Side Salad
Mixed Fruit Cup
Fresh Orange

20TH Sausage & Egg Biscuit
Orange Juice
Fresh Apple
Grape Jelly

WG Mini Corn Dogs
Green Beans (Canned)
Frozen Curry Fries
Pear Cup (canned)
Fresh Orange

27TH Sausage, Egg,
& Cheese Croissant
Mixed Fruit Cup
Fresh Apple, Grape Jelly

Chicken Bites w/Roll
Charro Beans
Fresh Side Salad
Mixed Fruit Cup
Fresh Orange

7TH French Toast
Pear Cup
Fresh Strawberries
Syrup

Popcorn Chicken Smackers
w/Roll
Fresh Cucumber Slices
Mashed Potatoes
Strawberry Cup, Fresh Watermelon

14TH Cinnamon French
Toast Sticks
Applesauce Cup
Fresh Strawberries, Syrup

Crispy Chicken Burger w/Cheese
Fresh Sandwich Trimmings
Seasoned Curry Fries
Pear Cup
Fresh Watermelon

21ST French Toast
Pear Cup
Fresh Strawberries
Syrup

Chicken Tenders w/ Roll
Fresh Cucumber Slices
Mashed Potatoes
Strawberry Applesauce
Fresh Watermelon

28TH Cinnamon French
Toast Sticks
Applesauce Cup
Fresh Strawberries, Syrup

Crispy Chicken Burger w/Cheese
Fresh Sandwich Trimmings
Seasoned Curry Fries
Strawberry Cup
Fresh Watermelon

8TH Sausage & Egg Breakfast Taco
Dried Cranberries
Fresh Orange
Picante Sauce

Black Forest Ham & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Sandwich Trimmings, Applesauce
Fresh Strawberries

15TH Bacon & Egg Breakfast Taco
Mixed Fruit Cup
Fresh Orange
Picante Sauce

Hamburger
Fresh Sandwich Trimmings
Sweet Potato Fries
Raspberry Applesauce
Fresh Strawberries

22ND Sausage & Egg Breakfast Taco
Dried Cranberries
Fresh Orange
Picante Sauce

Black Forest Ham & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Fresh Sandwich Trimmings
Applesauce
Fresh Strawberries

29TH Bacon & Egg Breakfast Taco
Mixed Fruit Cup
Fresh Orange, Picante Sauce

Bacon Cheeseburger
Fresh Sandwich Trimmings
Sweet Potato Fries
Pear Cup
Fresh Strawberries

9TH Strawberry Pop Tart
Fresh Apple
Strawberry Cup

Grilled Cheese Sandwich
Paradise Punch Juice
Sweet Potato Fries
Peach Cup
Fresh Orange

16TH Cocoa Puffs Cereal
Fresh Apple
Strawberry Cup

Turkey & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Paradise Punch Juice
Pear Cup
Fresh Orange

23RD Strawberry Pop Tart
Fresh Apple
Strawberry Cup

Grilled Cheese
Paradise Punch Juice
Sweet Potato Fries
Diced Peaches
Fresh Orange

30TH Cocoa Puffs Cereal
Fresh Apple
Strawberry Cup

Turkey & Cheese Sandwich
Cool Ranch Doritos
Fresh Baby Carrots
Paradise Punch Juice
Raspberry Applesauce
Fresh Orange



Food and Nutrition Division
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

This product was funded by USDA.
This institution is an equal opportunity provider.



Updated 6/1/2023
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